Redefining beauty

from the inside out

Essential nutrients that

promote healthy skin,

muscles, and

connective tissue

ON SALE!

CLINICAL WEIGHT LOSS

TOTAL BODY COLLAGEN

otal Meal Replacement

COLLAGEN & WHEY PROTEIN PGX, Vitamins, Minerals & Other Nut.

HELPS YOU FEEL FULL LONGER GS BLOOD SUGAR TO NORMAL LE LOWERS CHOLESTEROL

Support for age-related cognitive decline

ALPHA MCT OIL

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UNFLAVOURED

TUDCA



HEALTH

COMMUNITY.

FIRST

ONE BIG FAMILY. ONE BIG

Highly absorbable

SALUS CAL-MAG

Easy-to-swallow

swallow pills!

liquid format -

no need to

With 200mg of pure elemental magnesium **MAGNESIUM BISGLYCINATE 200mg**

Helps in the development & Naka 🖢 🕡

MAGNESIUM

Bisglycinate

maintenance of bones and teeth & helps in tissue formation and helps the body metabolize into carbohydrates, fat and protein.

HOT DEAL! 150vc

ORGANIC **A**lpha MCT ORGANIC **MCT** OIL OIL

TOTAL BODY

MULTI COLLAGEN

PROTEIN

bodybuilding. Made from 100% coconut oil, it is 100% MCTs! ON SALE!

weight management, and

Provides energy for workouts,

OFF %lpha ¥ 500ml & 1L

Calcium Magnesium ON SALE! , 500ml





Fatigue

Stress

Alpha

All in-stock Niyama products

NIYAMA **CanPrev**

Supports healthy liver function **CANPREV TUDCA** TUDCA has been shown to safe-

guard the liver from damage caused by long-term alcohol consumption. May help with liver congestion, digestive issues & more.

ON SALE! 60c





Pharmaceutical grade WILD OMEGA 3 High-potency - EPA 660 mg DHA

330 mg fish oil helps improve cognitive and brain function along with cardiovascular health.

ON SALE! 60sg, 120sg

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New Roots

ORIGINAL BIOSTRATH Bio-Strath herbal yeast Bio-Strath®

Decrease fatigue & support stress

enriches the daily diet with 61 valuable micronutrients. Pleasant tasting & suitable for kids and adults! ON SALE!

All in-stock sizes

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IMMUNE CAPSULES Take daily to help to

ST. FRANCIS DEEP

keep your natural defences strong ready to take on colds and flu! ON SALE! Deep Immune

120c bonus

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SHILAJIT

NEW! PURICA SHILAJIT Improves muscle strength, reduces fatique & supports testosterone & men's vitality. ON SALE!

5 %

Non-GMO and

BPA- free!

ON SALE!

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100% pure, cold-pressed and not from concentrate! No water or sugar added.





Deliciously fresh and packed full of flavour!

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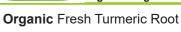














STORE WELLNESS SEMINAR



SPEAKER:

Kate Rhéaume, ND

(inactive)

Better Perimenopause: What Every Woman Needs to Know Perimenopause is like puberty in reverse. But why is it easy for

some and difficult for others? The hormonal upheaval of perimenopause is complex, but it can be eased by addressing lifestyle, nutrient, and stress factors. Join Dr Kate to learn strategies for hormone balance in perimenopause and beyond.

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Wed, Mar 26 - 7pm



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