

FLORA SUPER SAVINGS EVENT

Providing Canadians with
Premium Health Supplements Since 1965

Ferritin+®

The Easiest Way to Build Iron

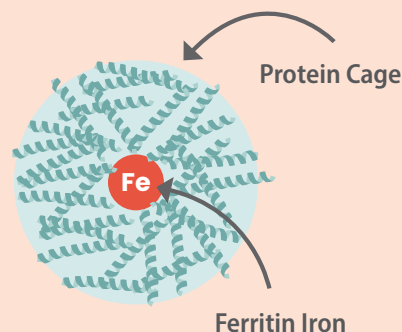
- Easy on your stomach – non-constipating
- Easy for your body to absorb – unique absorption mechanism efficiently delivers iron right where your body needs it, when it needs it
- Easy to take – just 1 capsule per day
- Easy 20 mg of elemental iron per dose
- Easy to take everyday plant-based vegan supplement

 Made in Canada



How Ferritin+® Works:

Ferritin is a highly bioavailable iron supplement. Because this form of iron moves easily through the digestive tract, it doesn't lead to constipation or the other common side effects of iron supplements. Each ferritin molecule is packed with iron atoms and uses a unique pathway of absorption, unlike any other form of iron. Ferritin iron consists of a protein 'cage' that protects the iron through the digestive tract and protects your digestive tract from the iron as well. It's what allows for a slow release and absorption over time, eliminating the need to add absorption co-factors such as vitamin C, etc.



NEW! Bottle
Ferritin+®
Delayed-Release
Iron Supplement

Available in
30 & 60
Vegetarian Caps



Great for Travel! Blister Pack
Ferritin+®
Delayed-Release
Iron Supplement

30 Vegetarian Caps



SALE PRICES IN EFFECT June 1st - 27th, 2025

Choosing between Ferritin+® and Iron+

Let's explore the reasons you might prefer one over the other based on your individual preferences and health considerations.

Why Ferritin+®?

Ferritin+ is the ideal choice for those looking to raise low iron levels in the most efficient way.

Controlled Release

The phytoferritin-iron complex in Ferritin+® allows for controlled release and efficient absorption for a gradual and steady iron uptake. If traditional iron supplements haven't worked in the past, this unique iron delivery system could make all the difference.

Capsule Convenience

With a simple one-capsule-per-day dosage, it's perfect for a quick and easy supplement routine.

Why Iron+ Liquid?

Iron+ liquid is a good choice for those wanting a gentle, effective iron supplement with the added benefits of B vitamins.

Additional Nutrients

B vitamins in this formula provide an extra boost for energy and red blood cell production. This additional nutrient support can be beneficial for those looking for a supplement beyond iron alone.

Delicious Flavour

The delicious base of fruit juices is a palatable option for those who prefer liquid supplements over capsules, or have difficulty swallowing pills.

Why Iron+ Capsules?

Iron+ Capsules are good for those looking to maintain healthy iron levels.

These capsules have all the benefits and additional nutrients of Iron+ liquid in a convenient pill format. This is also the most cost effective choice to meet your daily iron needs.

ALL of Flora's iron supplements are plant-based, vegan, gluten-free, gentle and non-constipating.

Here's what people are saying about Ferritin+

"Great product!"

I am really happy that I have not experienced any stomach issues with this product! I feel great! Flora has always been my go to company and will remain so!"

Barbara S., ★★★★★

"Not Your Traditional Iron Supplement"

I have been anemic my whole life. Finding a good iron supplement was a struggle. This is all I ever wished for. I love that Ferritin+ can be taken at any time, on an empty stomach or while consuming dairy, without decreasing its absorption or causing me GIT issues. My ferritin was 22 µg/L, leaving me extremely fatigued and often dizzy. Luckily, I was introduced to Ferritin+. After 2 days of taking 2x Ferritin+, energy improved noticeably. After 7 days, my blood levels reached 34 µg/L. So grateful for this gem. No more fatigue!"

Izzy, ★★★★★

"Ferritin Magic"

Ferritin+ is my number #1 supplement! I no longer eat tons of ice daily and my anemia is gone. Plus, it has stopped my hair fall. I am so happy that I found an iron supplement that is healing me. I noticed the results after 2 weeks of using it. Thank you Flora!"

Kelly J., ★★★★★

IRON-DEFICIENCY Symptom Checklist

- ✓ Continually tired and lack appetite
- ✓ Often have difficulty concentrating
- ✓ Pale skin & dark under-eye circles
- ✓ Feel chilly or catch colds easily
- ✓ Have brittle hair or fingernails that chip easily
- ✓ Experiencing thinning hair or hair loss
- ✓ Have a vegetarian or vegan diet



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Reclaim Your Energy

If you're tired all the time, you could be low in iron. Flora Iron+™ is an innovative formula that features liquid ferrous gluconate — a form of iron clinically proven to quickly and significantly raise iron levels. It supports energy production and helps to prevent iron deficiency anemia and associated tiredness and fatigue.

Flora Iron+™ with B-Vitamin Complex features liquid ferrous gluconate — a form of iron clinically proven to quickly and significantly raise iron levels.

**Non-Constipating + Vegan
Yeast-Free + Gluten-Free**



Drink straight or add to your favourite juice for a gentle and effective boost of iron.

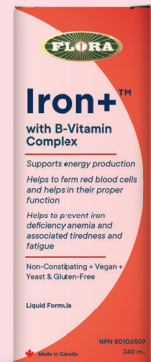
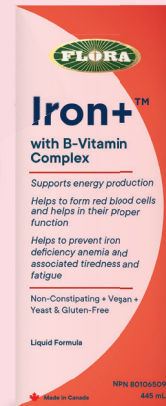


Iron+® Liquid
Available in
80 mL, 240 mL
& 445 mL



Iron+® Caps
60 vegetarian
caps

Made in Canada



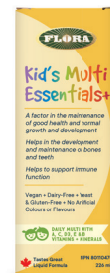
Delicious Vitamin & Mineral Formula!

Flora's **Daily Multi Essentials+** and **Kid's Multi Essentials+** are rich in antioxidants vitamins A, C and E, and include a full range of B vitamins for energy production. This comprehensive formula also includes a full 400 IU of immune-supporting vitamin D, calcium, and an herbal blend of antioxidant astaxanthin, immune-supporting elderberry, digestion-promoting anise, calming chamomile, and rose hips for extra vitamin C. It comes in a tasty fruit juice and whole food base that's easy to drink straight or mix into smoothies or juice.



**Kid's Multi
Essentials+**
226 mL & 445 mL

**Daily Multi
Essentials+**
445 mL



Made in Canada

Noni Juice

For over 2000 years, the noni plant has been embraced by populations on the islands of the South Pacific, prized for its nutritional benefits. Regarded as a superfruit, noni contains polysaccharides, plant sterols, anthraquinones, and alkaloids, as well as potassium and vitamin C. Flora Noni Juice is undiluted and organic, bringing you the pure and exclusive goodness of noni direct from Hawaii. Only fully ripened grade A noni fruit is used, then carefully prepared in small batches to ensure quality and purity, for a daily nutritional boost that you can feel good about.

100% pure organic Noni Juice

Each serving provides 16% of the daily value of vitamin C

Noni Juice
(Fresh Hawaiian)
500 mL



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Cleanse at the Cellular Level!

Flor-Essence® is a traditional herbal formula developed to gently cleanse the whole body at the cellular level.

Flor-Essence® with Turkey Tail and Turmeric goes one step further with ingredients that help fortify immunity.

Flor-Essence® features the "Great 8" herbs:

- Burdock Root
- Sheep Sorrel
- Slippery Elm Bark
- Watercress
- Blessed Thistle
- Red Clover Blossom
- Rhubarb Root
- Kelp



Flor-Essence® Dry Herbal Tea Blend 63 g

Flor-Essence® or Flor-Essence® with Turkey Tail & Turmeric 500 mL

Flor-Essence® or Flor-Essence® with Turkey Tail & Turmeric 941 mL



Flor-Essence® 7-Day Purification Program

Kit contains:

Flor-Essence® - 500 mL
Florax® II - 200 g
Pro-Essence® - 30 vegetarian caps



The Essence of Health

Natural herbal tonics from Flora Plants are our natural allies in health. Flora's Essence line concentrates the health-giving power of herbs into convenient tea concentrates that gently support the cardiovascular, respiratory, detoxification, nervous, and urinary systems. Herbs are individually extracted to help retain active ingredients and roots are decocted separately. With a more concentrated dose, you can take several tablespoons of our herbal tonics instead of brewing several cups on your own. Flora's Essence line is convenient to consume and typically contains more active ingredients from the herbs. Take a sip and see for yourself.

Organic + Non-GMO + Vegetarian

Cardio-Essence nourishes your heart and blood vessels, and increases oxygen delivery to your heart and body. It is a natural, pleasant-tasting liquid tonic for the heart with a gentle, gradual action and is ideal for long-term use. The formula contains hawthorn (berries, leaves & flowers), passionflower and hibiscus flower in a base of blackstrap molasses and apple juice. These ingredients work synergistically together to support circulatory system.

Sleep-Essence is a delicious, synergistic blend of chamomile flower, lemon balm, lavender flower, linden flower, passionflower and skullcap designed to ease restlessness and insomnia, allowing you to fall asleep more easily and stay asleep all night. The calming properties of Sleep-Essence will help relieve nervous tension and melt away stress, allowing your body to relax and get the restful sleep it needs for optimum health.

Respir-Essence provides the support your lungs need to keep you breathing freely and deeply. It is an all-natural herbal blend of thyme, licorice root, English plantain, stinging nettle, cowslip primrose and elecampane in a delicious base of pear juice. Respir-Essence provides natural respiratory relief for chest complaints, including coughs, mucous build-up and bronchitis.

Cran-Essence is a full-spectrum blend of 9 herbs in a base of cranberry juice concentrate that promotes normal urinary tract health, as well as helps to relieve symptoms of minor urinary tract infections. The herbs in Cran-Essence are traditionally used for their diuretic and antiseptic properties, which help the body flush the bladder and urethra.



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Immune Health Begins in the Gut

Give your gut health a boost with **Flora's Probiotics**. Lifestyle and environmental factors can compromise the digestive system, but adding probiotics into the dietary mix can help boost good bacteria, keeping the bad in balance and helping to maintain a healthy microflora, naturally.



Refrigerated Probiotics

Flora's Refrigerated Probiotics have been scientifically developed to address age-specific and condition-specific concerns. There's something for everyone in the family!



FIND US
IN THE
COOLER



Toddler's Probiotic
75 g



Kid's Probiotic
60 vegetarian caps



Adult's Probiotic
60 vegetarian caps



Senior's Probiotic
30 vegetarian caps



Super 5 Probiotic
60 lozenges



Super 8 Plus Probiotic
30 vegetarian caps



Super Bifido Probiotic
30 vegetarian caps

VagiCare

Naturally treats and prevents vaginal infections including the following symptoms:

- Vaginal discharge
- Odour
- Burning
- Dryness
- Itching
- Redness
- Painful intercourse



FIND US
IN THE
COOLER

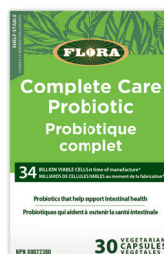
**CLINICALLY PROVEN + GLUTEN-FREE
+ NON-GMO**



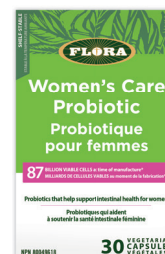
VagiCare Probiotic Suppository
Vaginal Capsules with Applicator

Shelf-Stable Probiotics

Shelf-stable probiotics offer the promise of digestive and immune support on-the-go. As their name implies, shelf-stable probiotics do not need to be refrigerated. For all-around support, choose **Complete Care**. If you're looking for a probiotic geared towards supporting intestinal health for women, choose **Women's Care**.



Complete Care Probiotic
30 vegetarian caps



Women's Care Probiotic
30 vegetarian caps

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Exception(al) EFA Sources

There are obligatory vitamins, minerals, amino acids and fatty acids humans need - no exceptions! ALA omega 3 and LA omega 6 are the two **EFA (essential fatty acids)**. Malnourished cells lacking EFAs can degenerate, miscommunicate, or fall apart. EFA deficiency may cause immune, cardiometabolic, hormonal, or skin problems, or inflammation, mood, cognition, or vision struggles. Seeds are the best source of EFAs, yet, 99% of seed oils MUST be avoided - due to toxic processing! Flora oils like Udo's Oil are the exception(al) EFA sources we all need; seed oil, minus the damaging, toxic processing.



Udo's Oil®
250 mL



Udo's Oil®
500 mL



Udo's Oil®
941 mL



Udo's Oil®
90 vegetarian
caps



Udo's Oil®
180 vegetarian
caps



Udo's Oil®
DHA
250 mL



Udo's Oil®
DHA
500 mL

Non-GMO + Organic + Vegan



Udo's Choice® Oil Production

Developed by Flora and Udo Erasmus to preserve the freshness and nutritional value of essential fatty acids (Omega 3, 6)



Protected from light, heat and oxygen from the manufacturing, storage, shipping and product display stage in the shop



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DHA Vegan Algae

Docosahexaenoic Acid

DHA is one of the most important long-chain fatty acids in the omega-3 family. 40% of the fatty acids found in the brain and 60% of the fatty acids found in the retina are in the form of DHA. With widespread concern over the levels of toxins, heavy metals and pollution in the world's oceans, coupled with growing environmental awareness of a collapse in the world's fish stocks, now is the time for a more innovative approach to ensuring this essential nutrient can still be part of our diet in a more sustainable and healthy way.

Flora's DHA Vegan Algae has been well studied as an essential nutrient for brain and eye development in both fetuses and infants, making this softgel format ideal for pregnant and nursing mothers. DHA has also been shown to help slow age-related cognitive decline in our senior years.



DHA Vegan Algae
60 Vegetarian Softgels



Heartburn Relief

Flor-Antacid® provides fast, effective and natural relief from heartburn without side effects. It does not inhibit secretion of stomach acid like many heartburn medications so it will not interfere with digestion and absorption of nutrients, weaken the role stomach acid plays in immunity, or cause dependency.

Flor-Antacid® also provides calcium and magnesium for the health of bones and teeth, and is safe for use during pregnancy.



Refreshing Peppermint Flavour!

Flor-Antacid®
Available in
30, 90 & 180
chewable tablets



Support Your Cardiovascular Health

Nattokinase NSK-SD® is a unique enzyme fermented with a proprietary strain of *Bacillus subtilis* natto extracted from a traditional Japanese food called natto (fermented soybeans) for a potent, all-natural option to help support the health of the cardiovascular system. Unlike most nattokinase supplements, this unique formulation has the Vitamin K2 removed.



Resist Stress Naturally

Ashwagandha with 300 mg KSM-66 Ashwagandha®, will help to reduce stress levels, support energy and vitality and ability to exercise, support memory, focus and brain power, and then end the day with restorative, rejuvenating deep sleep.



 **KSM-66 Ashwagandha®**

Ashwagandha with 300 mg KSM-66 Ashwagandha®
120 vegetarian caps



Nattokinase NSK-SD®
100 mg 2000 FU (Fibrin Units)
60 vegetarian caps

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Reveal Your Radiance from Within

Nourish your beauty at the source with a trio of supplements designed to enhance skin, hair, and nail health from the inside out.

- **Florasil:** Delivers plant-based silicon from horsetail to support collagen production—essential for smooth skin, strong nails, and vibrant hair.
- **Efamol:** Provides high-quality GLA from evening primrose oil to deeply hydrate skin, improving softness, resilience, and elasticity over time.
- **CircuVein:** Combines diosmin and hesperidin to support circulation, reduce puffiness, and promote an even, glowing complexion.

Together, they form a complete inner-beauty solution that works with your body—revealing a more youthful, naturally radiant you. Let your beauty shine from within.

CircuVein

Clinically proven to reduce the appearance of varicose veins within two months!

Flora's **CircuVein** contains naturally occurring ingredients that are clinically proven to be effective, reducing the visible signs of varicose veins by reducing swelling and inflammation.

Dairy-Free + Gluten-Free + Vegan



CircuVein
Available in
60 & 180
vegetarian
caps

Florasil®

The ultimate plant-based mineral makeover!

Think thin hair, weak brittle nails and less-than-supple skin are inevitable?

Think again. These telltale signs of aging may be associated with a mineral deficiency and can often be corrected with Florasil! The silica in Florasil helps to rejuvenate collagen and reverse some of the effects of aging by maintaining the elasticity and suppleness of the skin and by promoting the growth of strong, flexible nails and lustrous hair.

Vegan, plant-based formula supports healthy hair, skin and nails

Florasil®

Available in 90, 180 & 360
vegetarian caps



Proven, Pure & Perfected

Trusted by women for over 40 years

Tried & Tested*

87%

Felt skin
looked & felt
less dry

85%

Felt skin was
softer

84%

Felt skin was
smoother



Efamol®
EPO 500 mg
90 & 180 softgels

Efamol® EPO
1000 mg
90 & 180 softgels



*Cue Consumer Research UK 2020: 77 participants (women aged 18-65) completed a skin perception survey before and after a 3 month period of taking 6 x 500 mg capsules of Efamol® Evening Primrose Oil.

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